



Mental Factors (චේතසික)




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Mental Factors -Analogy

Some ingredients are not healthy and make the drink unhealthy. E.g Sugar.
Similarly **unwholesome** mental factors occurs in unwholesome consciousness's.

Drink	Ingredient 1	Ingredient 2	Ingredient 3
	Water	Sugar	Carbon-dioxide
	Water	Orange	Vitamins
	Water	Tea	

Some ingredients such as water is common to all drinks. Similarly some mental factors are common to all consciousness's and are called "**universal**" mental factors

Some ingredients are healthy and make the drink healthy.
e.g Vitamins.
Similarly **wholesome** mental factors occurs in wholesome consciousness's.

If the drink is the consciousness , ingredients that used to make that drink are the mental factors.

Quality of Mental Factors -Analogy



Imagine firewood fire.

- As long as firewood is available it keeps burning.
- Once firewood burns out fire eliminates
- Fire stays on firewood

Similarly there are 4 key characteristics of mental factors

1. Ekuppada – Mental factor arises with Consciousness
2. Ekanirodha- Mental factors perish with Consciousness
3. Ekavattuka – They cling on to the same object
4. Ekalambana – Both mental factors and consciousness have same base

Mental Factors-Ethically variables (13)

Mental Factors (Cetasika) Category	Number of Mental Factors
Ethically variable factors:	13
Out of which : Universal's	(7)
Occasional's	(6)
Immoral's or Unwholesome (Akusla) Factors	14
Wholesome or Beautiful (Sobhana)factors	25
	52

- There are 52 Mental factors
- Seven universal mental factors are common to all 89/121 consciousness's. (similar to water in all drinks)

Universal's (7)

common to all consciousnesses



Contact(Phassa)

Feeling (Vedana)

Perception (Sanna)

Volition (Cetana)

One pointedness (Ekaggata)

Mental Life Faculty (Jivetindriya)

Attention (Manasikara)

Occasional's(6)



Initial Application (Vitakka)

Sustained Application (Vichara)

Decision (Adhimokkha)

Energy (Viriya)

Zest (Prithi)

Desire (Chanda)

Unwholesome Mental Factors (Akusala Cetasika)14

Unwholesome Mental factor	Group
1. Delusion/Ignorance (moho)	These 4 Mental factors are associated with every unwholesome consciousness hence called "Sabbakusla Sadharana Cetasika" Quadruple of Delusion
2. Shamelessness (Ahirika)	
3. Fearlessness of wrong doing (Anottappa)	
4. Restlessness (Uddhachcha)	
5. Greed (Lobha)	Greed Triad
6. Wrong view (Ditti)	
7. Conceit (Mana)	
8. Hatred/Anger (Dosa)	Quadruple of Hatred
9. Envy (Issa)	
10. Avarice (Machchariya)	
11. Worry (Kukkuchcha)	
12. Sloth(Thina)	Sloth-Torpor Duel
13. Torpor (Middha)	
14. Doubt (Vichikichcha)	

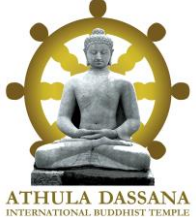
Unwholesome mental factors can only associate with 12 unwholesome consciousness's.

Four Universal unwholesome factors ("Sabbakusla Sadharana Cetasika") associate with all 12 unwholesome mental factors

Wholesome Mental Factors (Kusala Cetasika) 25

Wholesome Mental factor	Group	
1. Faith(Saddha)	Universal beautiful factors (Sobhana Sadharana), presence in all wholesome(beautiful) consciousnesses	
2. Mindfulness (Sati)		
3. Shame of Wrong doing (Hiri)		
4. Fear of Wrong doing (Ottappa)		
5. Non-greed/Charity (Alobha)		
6. Non-Hatred/Goodwill (Adosa)		
7. Neutrality of Mind (Tatramajjhata)		
8. Tranquility(Passaddhi) -Kaya		
9. Tranquility(Passaddhi) -Chitta		
10. Lightness (Lahuta) -Kaya		
11. Lightness (Lahuta) -Chitta		
12. Malleability (Muduta) -Kaya		
13. Malleability (Muduta) -Chitta		
14. Wieldiness(Kammannata) -Kaya		
15. Wieldiness(Kammannata) - Chitta		
16. Proficiency (Pagunnata)-Kaya		
17. Proficiency (Pagunnata)-Chitta		
18. Rectitude (Ujjukata) -Kaya		Three Abstinences (Virathi)
20. Right speech		
21. Right Action		
22. Right Livelihood	Two Illimitables (Appamana)	
23. Compassion (Karuna)		
24. Appreciative Joy (Mudita)		
25. Wisdom (Panna)		

Out of 25 wholesome/beautiful mental factors , 19 are presence in wholesome(beautiful) consciousness's
Thus they are called
Universal beautiful factors (Sobhana Sadharana)



Thank You

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