



# Athula Dassana Dhamma School- Senior part 2 Abhidhamma



## Mind door thought Process 2 (Manodvara Citta Vithi)

There are two types of mind door thought process based on type of Impulse (Javana) associated with them:

1. Pariththa Javana Vithi (Kamavacara Javan Vithi/ Sensuous sphere Impulse thought series)
2. Appana Javana Vithi (Mahaggata and Lokuttara)

In previous lesson Pariththa Javana Vithi explained in detail. In this lesson we discuss Appana Javana Vithi

### Appana Javana Vithi (Mahaggata and Lokuttara)

Appana Javan are the fine material and immaterial wholesome/functional consciousness and supramundane consciousness. There are 26 such consciousness.

Consciousness	number of consciousness
Fine material sphere wholesome consciousness	5
Fine material sphere functional consciousness	5
Immaterial sphere wholesome consciousness	4
Immaterial sphere functional consciousness	4
Supramundane path consciousness	4
Supramundane fruition (phala) consciousness	4
<b>Total</b>	<b>26</b>

Fine material and immaterial Jhana consciousness (Mahaggata) are achieved through **Tranquillity Meditation (Samatha Bhavana)**. Supramundane consciousness achieved through **Insight meditation known as Vipassana Bhavana**. As Buddhist our aim should be to achieve supramundane status via Insight meditation.

### Appana citta vithi can be grouped under five main categories

1. Jhana vithi (Process of Absorption)
2. Magga vithi (process of path)
3. Phala Samapattti Vithi (attainment of Jhana and phala)
4. Abhinna vithi (Direct knowledge)
5. Nirodha Samapatti Vithi.

## Jhana vithi (Process of Absorption)

Through mindfulness one can suppress five hindrances and achieve tranquillity and appana Jhana. Before the Jhana consciousness, one of four wholesome consciousness with wisdom or four functional consciousness with wisdom arise four times before Appana/Jhana consciousness. Those four consciousness are given special names

1. **Parikarma (P<sub>r</sub>)** – This means preparation. It prepare the consciousness towards Jhana
2. **Upachara(U<sub>p</sub>)**- Close Proximity to Jhana
3. **Anuloma (A<sub>n</sub>)** – Arises in conformity with the Appana
4. **Gotrabhu (G<sub>o</sub>)** – Change of lineage. It's from Paritta (Kamavacara) to Mahaggata in case of Jhana. Puthujjana (Ordinary worlding) to ariya puggala (Noble person) in supramundane consciousness.

With Manda Panna (less clever) person all 4 consciousness arise before the Jhana, whereas with Thikka Panna (cleverer) only three of them arise before the Jhana.

To depict thought series , its important to remember the functions and their abbreviations

Function	Abbreviation
<b>Life Continuum(Bhavanga)</b>	<b>B</b>
-Past Life Continuum (Atita Bhavanga)	A <sub>b</sub>
-Vibrating Life Continuum (Bhavanga Chalana)	B <sub>c</sub>
-Ceasing of Life Continuum (Bhavanga upaccheda)	B <sub>u</sub>
<b>Mind door advertence (Manodvara-vajjana)</b>	<b>M<sub>n</sub></b>
<b>Parikarma</b>	<b>P<sub>r</sub></b>
<b>Upachara</b>	<b>U<sub>p</sub></b>
<b>Anuloma</b>	<b>A<sub>n</sub></b>
<b>Gotrabhu</b>	<b>G<sub>o</sub></b>
<b>Jhana</b>	<b>J<sub>h</sub></b>

### Manda Panna (less clever) 1<sup>st</sup> Jhana Citta Vithi

1	2	3	4	5	6	7	8	9	10	11
B	B <sub>c</sub>	B <sub>u</sub>	M <sub>n</sub>	P <sub>r</sub>	U <sub>p</sub>	A <sub>n</sub>	G <sub>o</sub>	J <sub>h</sub>	B	B

### Thikka Panna (very clever) 1<sup>st</sup> Jhana Citta Vithi

1	2	3	4	5	6	7	8	9	10
B	B <sub>c</sub>	B <sub>u</sub>	M <sub>n</sub>	U <sub>p</sub>	A <sub>n</sub>	G <sub>o</sub>	J <sub>h</sub>	B	B

## Magga Citta Vithi (Path and fruition Consciousness)

Through the realisation of four Noble Truths, Buddhists achieve the enlightenment in four stages.

1. Stream entry (Sotapatti)
2. Once returning (Sakudagami)
3. Non returning (anagami)
4. Perfect sainthood (Arahat)

Consciousness associated with above 4 status are called fruition (phala) consciousness. Paths related to each state are the path consciousness. Eight supramundane consciousness are made up of above 4 path consciousness and 4 fruition consciousness.

Function	Abbreviation
Magga Citta (Path consciousness)	M <sub>g</sub>
Phala Citta (Fruition consciousness)	P <sub>h</sub>

### Manda Panna (less clever) Sotapatti Magga (Stream entry) Vithi

1	2	3	4	5	6	7	8	9	10	11
B	B <sub>c</sub>	B <sub>u</sub>	M <sub>n</sub>	P <sub>r</sub>	U <sub>p</sub>	A <sub>n</sub>	G <sub>o</sub>	M <sub>g</sub>	P <sub>h</sub>	P <sub>h</sub>

### Thikka Panna (cleverer) Sotapatti Magga (Stream entry) Vithi

1	2	3	4	5	6	7	8	9	10	11
B	B <sub>c</sub>	B <sub>u</sub>	M <sub>n</sub>	U <sub>p</sub>	A <sub>n</sub>	G <sub>o</sub>	M <sub>g</sub>	P <sub>h</sub>	P <sub>h</sub>	P <sub>h</sub>

In other 3 Magga Citta (Once returning, non-returning and arahat) instead of Gotrabhu (G<sub>o</sub>) a Citta named Vodana (V<sub>o</sub>) arises.

### Reviewing Thought Process (Paccavekkhana Vithi)

In case of Magga Vithi, there will be five reviewing thought process (Paccavekkhana Vithi) after the attainment of Magga. Each reviewing thought process will reflect on

1. Magga Achieved
2. Fruition consciousness
3. Nibbana
4. Eradicated Defilements (Klesa)
5. Balance Defilement to be eradicated

1	2	3	4	5	6	7	8	9	10
B	B <sub>c</sub>	B <sub>u</sub>	M <sub>n</sub>	J	J	J	J	J	B

All above five reviewing thought process will be after each of the Stream entry, once returning and non-returning magga. With Arahant magga vithi, there will be only four reviewing thought process – except Balance Defilement to be eradicated.