



Athula Dassana Dhamma School- Senior part 2 Abhidhamma



Mind door thought Process 3 (Manodvara Citta Vithi)

Appana Javana Vithi (Mahaggata and Lokuttara)

Appana Javana are the fine material and immaterial wholesome/functional consciousness and supramundane consciousness. There are 26 such consciousness.

Appana citta vithi can be grouped under five main categories

1. Jhana vithi (Process of Absorption)
2. Magga vithi (process of path)
3. Phala Samapattti Vithi (attainment of Jhana and phala)
4. Abhinna vithi (Direct knowledge)
5. Nirodha Samapatti Vithi.

In the previous lesson, Jhana Vithi and Magga Vithi were discussed. In this lesson Phala Samapattti Vithi, Abhinna vithi and Nirodha Samapatti Vithi will be discussed.

Samapattti Vithi (Process of Attainment)

Attainment process (Samapattti Vithi) are three folds

1. Jhana Samapattti Vithi
2. Phala Samapattti Vithi
3. Nirodha Samapatti Vithi

Once the Jhana Citta is established, the yogi should gain mastery over it. This mastery is called Vasita. Those Vasita (mastery/ වශීකා) are fivefold.

1. Avajjana Vasita – Capability of adverting to different Jhana quickly and easily
2. Sampajana Vasita – Ability to attain different Jhana quickly and easily
3. Adhitthana Vasita –Ability to remain in the Jhana for whatever period of time as determined
4. Vutthana Vasita – Ability to emerge from Jhana as determined earlier
5. Paccavekkhana Vasita – Ability to review the Jhana descended from

Once the fivefold mastery well developed the yogi could enter in to Absorption and stay in that state for any period of time he wishes. As a result Jhana Samapaththi vithi will be :

Jhana Samapattti Vithi

B	B _c	B _u	M _n	P _r	U _p	A _n	G _o	J _h	J _h	J _h	J _h	J _h	J _h	J _h
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Phala Samapatti Vithi

Similarly when Ariya Puggala (person achieved one or more levels of 4 stage enlightenment) can develop the Phala Citta and stays in that position for period of time he wishes.

Four wholesome thought moments that arise before Phala consciousness are called Anuloma.

B	B _c	B _u	M _n	A _n	A _n	A _n	A _n	P _h	P _h	P _h	P _h	P _h	P _h	P _h
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Abhinna Vithi (Direct knowledge)

One who possess the eight Samapaththi (4 fine material + 4 immaterial) can aspire to attain Abhinna (Direct knowledge). Abhinna vithi are five folds

1. Super normal powers –Iddhi vidha
2. The divine Ear –Dibba sota
3. Knowledge of other’s mind – Paracitta Vijanana
4. Recollection of past lives – Pubbenivasanussathi
5. The divine eye- Dibba chakku , Yatha Kammupaga Nana , Anagathamsa nana

Procedure	Vithi											
(i)Yogi select the appropriate kasina and reach the 5th Jhana (Parikamma Padaka Jhana Vithi)	B	B _c	B _u	M _n	P _r	U _p	A _n	G _o	J _h	B		
(ii) Then he comes out the Jhana and determine the object wish to see (Pari Kamma Vithi)	B	B _c	B _u	M _n	J	J	J	J	J	J	J	B
(iii)The yogi will again develop the fifth Jhana (Abhinna Padaka Jhana vithi)	B	B _c	B _u	M _n	P _r	U _p	A _n	G _o	J _h	B		
(iv) The next most purified fifth Jhana performs the act of direct knowledge	B	B _c	B _u	M _n	P _r	U _p	A _n	G _o	A _b	B		

A_b - Abhinna

Nirodha Samapatti Vithi

This is the highest Samatti that can be attained only by Anagami (non-returner) or Arhant (Perfect sainthood) after having achieved the eight Samapatti.

Once who enter this Samapatti completely arrests the stream of consciousness until he emerges from the samapatti.

The Yogi who aspires to attain Nirodha Samapaththi will reach each Jhana from 1st jhana to 4th Jhana and first three immaterial world Jhana up to Akincannayatana Jhana. There the yogi will make following 4 resolutions

1. Nanabhaddha Avikopana (නානාබද්ධ අවිකොපනය)– No damage will come about to the procession of the yogi
2. Sangapathimanana (සංඝ පනිමානය)– Will come in contact with a call from Mahasanga
3. Satthu Pakkosana (සත්ථු පක්කොසනය)– A call from Buddha to be communicated
4. Addhana Pariccheda (අද්ධන පරිච්ඡේදය) – Reflect and see whether he will live beyond the Samapatti period of seven days

Those resolutions are not required for Brahmas in Brahma worlds.

After the four resolutions yogi will attain the last of the Immaterial Jhana –neither perception nor non perception (Nevasannanasannayatana) Jhana. After two though moments of this Jhana the samapaththi commences. With this matter by citta will cease to arise. In the case of human being Samapaththi will last for seven days.

B	B_c	B_u	M_n	P_r	U_p	A_n	G_o	N	N7 Days.....	P_h	B
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N - Neither perception nor non perception (Nevasannanasannayatana) Jhana